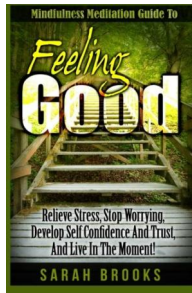


Feeling Good: Mindfulness Meditation Guide To: Relieve Stress, Stop Worrying, Develop Self Confidence and Trust, and Live in the Mom



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